

parks, recreation & community services

RECREATION GUIDE



SUMMER/FALL 2015





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SPECIAL EVENTS

MAY 29-30 | RENO TAHOE ODYSSEY
JUNE 13 | QUAIL QUEST: TRUCKEE MEADOWS
TREASURE HUNT
JUNE 27 | TAKE THE HILL FOR AUTISM WALK/RUN
JULY 12 | ROMANIAN FESTIVAL
AUGUST 15 | CITY OF RENO'S KIDS TRIATHLON
AUGUST 23 | NEVADA HUMANE SOCIETY DUCK RACE
& FESTIVAL



PHOTO CREDITS

Lauren Going | Davey Hibler | Alana Reid | Matt Taylor | Lee Pfalmer | Maureen
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Michael Linberg | Tony Funetes | Ben Davis | Kurt Kuznicki



CONTACT INFORMATION



RECREATION INFORMATION 775-334-2262
CITY INFORMATION 775-334-4636
AFTER-HOUR EMERGENCIES 775-352-4249
SIGN UP FOR E-NEWSLETTER RENO.GOV/RENOCONNECT
EMAIL RENODIRECT@RENO.GOV
SOCIAL MEDIA @CITYOFRENO
HASHTAGS #RENOLENS
#BIGGESTLITTLECITY
#BUYLOCALRENO

REGISTER: IN PERSON, BY THE PHONE, FAX OR ONLINE 334-2262 | RENO.GOV/PARKSANDREC

- A Household Account Form is required
- Sierra Kids and youth camps require a Participant Information Form
- Online service, visit Reno.gov/parksandrec
- Registration/payment is required in advance, prior to the use of programs, services or facilities. Registration/payment is taken up until the registration deadlines or when a program is full. You can download or call for the rules and forms at Reno.gov/parksandrec
- Requests for refunds, transfers or credits must be received on the written form by the criteria deadlines. Call for more information or download the rules form from Reno.gov/parksandrec
- Some programs have a registration deadline and many fill to capacity. It is advised to register early to ensure your space. Fees are subject to City Council approval and can change. Call for more information.

SCHOLARSHIPS 334-2260

The City of Reno is committed to providing recreational opportunities to all residents regardless of economic circumstances. For this reason, a limited fund scholarship program is available to those who qualify. If you have wanted to participate in our senior programs, all-day camps, before and after school programs or qualified activities but couldn't because of financial circumstances, we encourage you to apply. Information is kept strictly confidential.

An aerial night photograph of Reno, Nevada, showing the city's lights and buildings. The image is used as a background for the directory.

ATHLETIC LEAGUE RAIN-OUT HOTLINE

Phone: 334-6268

CITY HALL PRCS ADMINISTRATION

1 E. First St, 11th floor

Phone: 334-2260

Fax: 334-2449

Monday - Friday: 8am-5pm

EVELYN MOUNT NORTHEAST COMMUNITY CENTER - EMNECC

1301 Valley Road

Phone: 334-2262

Fax: 321-8338

• Building Hours:

Monday - Thursday: 7am-9pm

Friday: 7am-8pm

Saturday & Sunday: 9am-3pm

• Pool Hours:

Monday & Wednesday: 7am-7:30pm

Tuesday & Thursday: 7am-8:30pm

Friday: 7am-6pm

Saturday: 8am-2:30pm

Sunday: Available for events/rentals

IDLEWILD POOL

1805 Idlewild Drive

Phone: 334-2267

Closed until June 2015

MCKINLEY ARTS AND CULTURE CENTER - MACC

925 Riverside Drive

Phone: 334-2417

Fax: 334-2598

Monday - Friday: 8am-5pm

NEIL ROAD RECREATION CENTER - NRRC

3925 Neil Road

Phone: 689-8484

Fax: 689-8487

Monday - Friday: 9am-10pm

Saturday & Sunday: Available for
events/rentals

NORTHWEST POOL

2925 Apollo Way

Phone: 334-2203

Monday, Wednesday &

Friday: 7am-8pm

Tuesday & Thursday: 7am-9pm

Saturday: Available for events/rentals

Sunday: 12-4pm

PARKS MAINTENANCE

2055 Idlewild Drive

Phone: 334-2270

Fax: 334-2471

Monday - Friday: 7am-4pm

PLUMAS GYM

475 Monroe Street

Phone: 334-2262

RENO TENNIS CENTER

1901 Plumas Street

Phone: 689-2975

RENO WEST STREET MARKET

148 West Street

Phone: 825-9255

Monday - Sunday: 10am-11pm

SPECIAL EVENTS OFFICE PARK RENTALS

925 Riverside Drive

Phone: 334-3888

Fax: 334-2598

Monday - Friday: 8am-5pm

TEGLIA'S PARADISE PARK ACTIVITY CENTER - TPPAC

2745 Elementary Drive

Phone: 356-3176

Fax: 356-3180

Monday - Friday: 8am-5pm

Saturday & Sunday: Available for
events/rentals

TRANER POOL

1600 Carville Drive

Phone: 334-2269

URBAN FORESTRY

2055 Idlewild Drive

Phone: 321-8371

Fax: 334-2471

Monday - Friday: 7am-4pm

YOUTH PROGRAMS

TO REGISTER 775-334-2262
FOR MORE INFORMATION 775-334-4280
EMNECC 1301 VALLEY ROAD
DOUBLE DIAMOND ELEMENTARY 1200 S. MEADOWS PARKWAY
PLUMAS GYM 475 MONROE STREET



VACATION STATION

EMNECC | PLUMAS GYM | DOUBLE DIAMOND ELEMENTARY

Vacation Station program features group games, crafts, sports, reading, free time to play with friends all under the supervision of trained City of Reno staff.

Ages 6-14 | Monday-Friday | 7am-6pm

\$100 Per Week or \$30 Per Day

Scholarships available for families that qualify

Breaks:

- Summer | June 15-August 7
- Fall | October 26-29*
- Winter | December 21-January 8*

* No program on October 30, December 25 and January 1
Five-year-olds: To register in a day camp a child must be or have been registered in a Sierra Kids after school program.

RENO ENRICHMENT CENTER (REC)

NRRC - 3925 NEIL ROAD

R.E.C. is for teens, guided by teens! Help guide this program to accomplish your goals and interest. From homework help to indoor/outdoor sports, we are all about having fun. Come be a part of this great new program at the Neil Road Recreation Center.

Free dinner for youth 18 and under Monday-Friday

- Tuesday-Thursday 4-8pm
- Friday 4-10pm
- Saturday 2-6pm

SIERRA KIDS

This quality recreation program provides a safe, supervised environment before and/or after school for grades K-6 in elementary schools throughout Reno. Instructors help participants with tutoring, homework assistance, art, sports and activities that are based on the Character Counts! Program. *Registration and payments are required by 12pm on the Friday prior to the week of attendance.*

Sites		
• Alice Smith	• Hunter Lake	• Silver Lake
• Caughlin Ranch	• Jessie Beck	• Sarah Winnemucca
• Desert Heights*	• Lemelson	• Stead*
• Dodson	• Mamie Towles	• Westergard
• Double Diamond	• Mount Rose	
• Elmcrest*	• Peavine	
	• Roy Gomm	<i>*Morning program only</i>
Rates		
Days	Weekly Rates	Partial Week Rate
• Morning	\$30	\$10 per day
• Afternoon	\$45	\$15 per day
• Morning & Afternoon	\$75	-
• Early Release Day	-	\$20
• Late Pick-up	\$1 per minute - per child	



YOUTH SUMMER CAMPS

TO REGISTER 334-2262 | FOR MORE INFORMATION: 334-4280

Dates	Summer Discovery+	Vacation Station	Performing Arts Camp+	Wilderness Camp+
Location	North Valley Lemelson	Double Diamond Plumas Gym EMNECC	EMNECC	EMNECC
June 15-June 19	•	•		
June 22-June 26	•	•	•	
June 29-July 2*	•	•	•	
July 6-July 10	•	•	•	•
July 13-July 17	•	•	•	•
July 20-July 24	•	•	•	•
July 27-July 31	•	•	•	•
August 3-August 7	•	•		

Closed Friday, July 3

LEADER IN TRAINING - L.I.T.

It's time to help us run a successful camp with a positive attitude and willingness to have fun while at the same time setting an example for camp staff and participants alike. Red shirts get a 50 percent price reduction and our thanks for helping us! This program is offered in all camp breaks. Ages 13-15. Positions will be available on a first come, first served basis.

TOO COOL FOR CAMP

This is your opportunity to start shadowing Youth Camp staff and learning the ropes to become a Leader In Training (L.I.T.) and earn the coveted "red" shirt. Offered the first two weeks in summer.

Ages 13-15 | \$100 per week

TWEEN CAMP | EMNECC

This program is for the pre-teens who want to experience camps but with those similar of age. This group will do different activities than younger camp participants, while receiving the full experience of existing camps.

Ages 11-14 | \$130 per week

SUMMER DISCOVERY

There's so much to do in this camp. Enjoy sports, games, and great friends. Breakfast and lunch are provided through the Summer Food Service Program.

Ages 6-14 | \$60 per week
(Lunch only at North Valleys)

WILDERNESS CAMP SPECIALTY CAMP

Learn outdoor survival skills through field trips, hiking, swimming and more. Enjoy an overnight camp-out complete with s'mores and outdoor activities. Wilderness safety and learning how to set up a tent are always highlights of this outdoor adventure.

Ages 8-14 | \$130 per week

PERFORMING ARTS SPECIALTY CAMP

This camp provides an opportunity for kids to sing, dance and perform in a production. There is a part for everyone: lights, music and even directing. This camp is also a part of Artown.

Ages 8-14 | \$130 per week

DANCE

EMNECC 1301 VALLEY ROAD | 334-2262
TEGLIA'S PARADISE PARK 2745 ELEMENTARY DRIVE | 334-2262



BALLET | 334-2262 EMNECC

Class introduces the fundamentals of ballet and creative dance by using imagery, props and basic dance steps.

Beginner Ballet

Ages 7-12 | Saturday 10:30-11:20am | \$36 per session

- June 13-July 25
- August 1-September 12
- September 19-October 24

Intermediate Ballet

Ages 13+ | Wednesday 5-5:50pm | \$36 per session

- June 10 - July 15
- July 22 - August 26
- September 2 -October 7

CREATIVE BALLET EMNECC

This class introduces the fundamentals of ballet and creative dance by using imagery, props and basic dance steps. Tights, leotard and ballet shoes are required.

Ages 3-6 | Monday 5:15-6pm | \$40 per month

BELLY DANCE | BEGINNER LEVELS I & II EMNECC

Learn the basic movements and techniques of oriental dance (Raks Sharki) during these graceful art of belly dancing classes. It is important to learn basic foundation techniques before progressing to advanced classes. No prior experience is needed.

Ages 13+ | Wednesday 6-7:30pm | \$55

- May 20-June 24
- July 22-August 22
- September 2-October 7
- October 14-November 18

MOTIVATORS SQUARE DANCE | 829-7375 TEGLIA'S PARADISE PARK

This is an advanced level square dancing class. Prior experience is necessary. Contact Bill Ponton 829-7375.

Thursday 6-9pm | \$7.50 Per Class

BELLY DANCE | INTERMEDIATE LEVEL III | TROUPE JASMINE EMNECC

This class is focused on complicated techniques, tricky combinations, improvisations and expressive performance skills. With skills learned in the beginner classes, you will learn how to apply previous skills to develop your own style while continuing to work within a group.

Ages 13+ | Thursday 6-7:15pm | \$55

- May 21-June 25
- July 23-August 27
- September 3-October 8
- October 15-November 19

TAP DANCE EMNECC

Beginner Adult Tap

Ages 13+ | Saturday 9:30-10:20am | \$36 per session

- June 13-July 25
- August 1-September 12
- September 19-October 24

Intermediate Adult Tap

Ages 13+ | Wednesday 6-7pm | \$36 per session

- June 10-July 15
- July 22-August 26
- September 2-October 7

Senior Tap

Ages 50+ | Wednesday 9:30-10:30am | \$36 per session

- June 10-July 15
- July 22-August 26
- September 2-October 7

WESTERN SQUARE DANCE EMNECC

Come with your friends for fun evenings of modern square dancing. No previous experience required for first lesson. Casual attire welcome. Dance the very first night and start having fun. Scholarships do not apply.

Learn to Square Dance

Ages 14+ | Monday 6:30-8pm

Weekly Classes \$6 if prepaid or \$7 weekly

- June 1-August 31
- September 14-December 7



Some see potholes, **YOU SEE POSSIBILITIES**

Passion sparks change. Ideas make differences. That's why your City government is looking for leaders like you to help us make our neighborhoods better. Neighborhood Meetings starting in July. Make sure you don't miss an opportunity to make a difference in your community and sign-up for news and updates about your neighborhood at [Reno.Gov/RenoConnect](https://reno.gov/renoconnect)

JOIN US @ [RENO.GOV/NAB](https://reno.gov/nab)



334-info | reno.gov | [@cityofreno](https://twitter.com/cityofreno)

FITNESS

CALIFORNIA BUILDING 75 COWAN DRIVE | 334-2262
EMNECC 1301 VALLEY ROAD | 334-2262
NEIL ROAD RECREATION CENTER 3925 NEIL ROAD | 334-2262
PLUMAS GYM 475 MONROE STREET | 334-2262
TEGLIA'S PARADISE PARK 2745 ELEMENTARY DRIVE | 334-2262



KAIA FITNESS | 657 6478

EMNECC | CALIFORNIA BUILDING | PLUMAS GYM

Kaia is a boot camp for women of all ages. Our goal is to inspire women to reach beyond their expectations and to help get you in the best shape of your life. Classes include 3-4 Kaia cross-training workouts including our Kaia walk/runs, Kaia Juicy and Kaia Flow. Kaia F.I.T. offers two different types of boot camp styles:

Brik

6 weeks | 5 days a week | \$259

Session start dates: May 4 & August 31

These sessions offer QUICK and GREAT results from weight & body fat loss to strength and confidence. During BRIK we do physical assessments, offer a nutritional plan, recipes, a shopping guide, food journals, and have a blast.

Core

5 weeks | 4 days a week | \$135

Session start dates: June 15, July 20 & October 12

This class increases cardiovascular endurance and muscular strength. Also, a Kaia Nutritional Guide to help you with making healthy food choices and weight loss.

JAZZERCISE

CALIFORNIA BUILDING

Jazzercise is an effective, total body conditioning program that offers a blend of dance and exercise choreographed to your favorite music. Ages 16+.

Monday, Tuesday, Wednesday & Friday | 9-10am

\$65 for 2 months | \$90 for 3 months | \$25 for 4 classes |
 \$36 per month (Online option only)

PERSONAL TRAINING | 813-2930

EMNECC

Fit 2 You Personal Training is a one-on-one program that will help you get started on a lifestyle designed to keep you fit and healthy. The first session is an assessment of your fitness level and goals. In later sessions, learn proper techniques to develop strength, endurance and flexibility.

Schedule an appointment | \$30 Per Hour

FIT FUTURE GROUP TRAINING | 334-2262

EMNECC

One hour class designed to burn fat, build muscle & increase endurance through body weight resistance, high intensity interval training, tabata & cardiovascular training.

\$5 per class | Thursdays 12-1pm

TABATA BOOTCAMP | 334-2262

EMNECC | TABATABOOTCAMP.COM

This revolutionary 8-week program combines bootcamp fitness with the hottest trend to hit the scene-High Intensity Interval Training. 24/7 website access to track your progress and interact with your trainer and fellow bootcampers.

8 weeks \$199 includes materials and full website
Monday, Wednesday & Friday 12-1pm
Session Starts June 1

TRADITIONAL YOGA

KAREN_HAIRFIELD@SBCGLOBAL.NET | EMNECC

Students must have prior yoga knowledge of postures and have taken yoga before. This yoga class will practice on the ananas, breathing techniques, meditation and relaxation through Yoga Nidra.

Tuesdays & Thursdays 5-6pm | \$15 per class \$70 per month

PLYOGA

PLUMAS GYM

A 4-part fitness system based in plyometric movements that utilize fundamental yoga postures as active recovery.

Monday, Wednesday and Friday 5:30-6:30am
Starting July 8 | \$6 per class

SHAPE UP RENO

RENO.GOV/SHAPEUPRENO

The City of Reno partnered with local businesses to host fitness sessions. More at Reno.gov/ShapeUpReno.

Double Diamond Athletic Club
9400 Double Diamond Pkwy

- Yoga | Mondays 6:30-7:30pm
- Body Pump | Wednesdays 4:30-5:30pm

Sports West Athletic Club-1575 S. Virginia St.

- Total Core Fusion | Thursday 5:30-6:30pm

MRI Fitness-895 East Patriot Lane, Suite 108

- Total Body Conditioning | Saturdays 7:30-8:30am
- Power 40 | Mon, Tue, Wed, Thur 12:10-12:40pm

The Studio-1085 S. Virginia St., Suite D

- Yoga | Saturdays 10-11am

St. Mary's Fitness Center-645 N. Arlington #100

- Fitness for Life | Mon, Wed & Friday 1:00-1:45pm

EMNECC-1301 Valley Rd.

- Inspire Me Mommy | Tues 10:30-11:30am
& Thurs 11am-12pm

Soul Space-100 W Liberty St. Suite 195

- Bootcamp | Saturdays 8-8:45am

Idlewild Park-1805 Idlewild Drive

- Bootcamp w/ Jon Benitez | Tuesdays 12-1pm

EVELYN MOUNT NORTHEAST COMMUNITY CENTER | 334-2262

1301 VALLEY ROAD

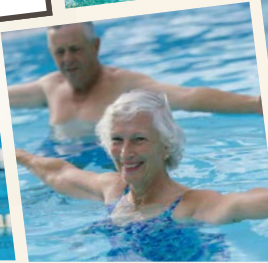
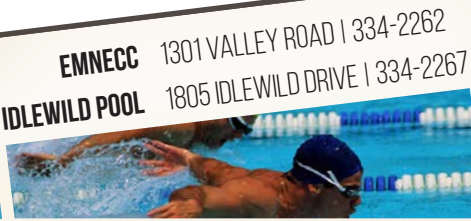
emnecc offers a fully equipped weight room, cable resistance machines, a universal machine, floor mats and Swiss balls. There is also a cardio room filled with treadmills, elliptical trainers, stair steppers and training bicycles. There are locker rooms, a full-sized gymnasium and four-lane lap pool.

HOURS OF OPERATION MONDAY-THURSDAY 7AM-9PM | FRIDAY 7AM-8PM | SATURDAY & SUNDAY 9AM-3PM

POOL HOURS LAP SWIM: MONDAY-FRIDAY 7-10AM & 1-2:30PM SATURDAY: 11AM-12PM PUBLIC SWIM: SATURDAY 12-2:30PM

Passes and Fees				
Ages	Single Admission	Punch Passes (10 visits)	Quarterly	Annual
Facility Use				
<i>Pass is good for the Fitness Center, Open Gym and Swimming Pool</i>				
Adult (18+)	\$5	\$45	\$150	\$360
Youth (14-17)	\$3	\$25	\$75	\$225
Seniors (55+)	\$2	\$15	\$60	\$225
Fitness Center and Gym				
<i>Children younger than 14 are not allowed in the fitness center at any time</i>				
Adult (18+)	\$4	\$35	\$80	\$200
Youth/Senior (8-17/55+)	\$3	\$25	\$60	\$150
Open Gym				
Adult (18+)	\$2	\$20	\$60	\$150
Youth/Senior (8-17/55+)	\$1	\$10	\$30	\$75

AQUATICS



WATER BABIES

EMNECC | IDLEWILD POOL

This parent-assisted program helps small children become accustomed to the water while in the familiar hands of a parent. Ages six months to two years old.

WATER FITNESS

EMNECC

Buoyancy takes the impact off of leg joints allowing exercises to improve muscular strength, balance and fitness levels. Get high impact results from a low-impact water workout. No swimming skills are required.

ADULT SWIM CLINIC

IDLEWILD POOL

Participants must be 15 years of age or older. Instructors work with participants to identify goals for success and design the aims of the course to goal completion.

LEARN TO SWIM

EMNECC | IDLEWILD POOL

Students will be introduced to the fundamentals and techniques of basic swimming. Advanced students will refine the skills presented in previous lessons. This course is broken out into six levels of progressive instruction. Ages six years and up with 10 student-per instructor ratio.

TINY TOTS

EMNECC | IDLEWILD POOL

Certified American Red Cross instruction begins with basic physical and mental adjustment to the water. Participants are taught basic safety and skills using play as the primary form of teaching. This class does not teach children to be accomplished swimmers, but develops a comfort in the water. This class is for children ages three to five years old.

TRANER POOL - 1600 CARVILLE DRIVE | 334-2269

Outdoor 25-yard pool featuring a double flume slide and water play features
Open swim: 1-4pm | June 13-August 7 | \$4 adults \$2.50 youth \$2 child/seniors

EVELYN MOUNT NORTHEAST COMMUNITY CENTER - 1301 VALLEY ROAD | 334-2262

Indoor 25-yard pool featuring four lanes.

Child Age: 0-5 | Youth Age: 6-17 | Senior Age: 50+ | *Closed: every Sunday, May 25 & July 3

PROGRAM	DATES	DAYS TIMES FEES
Public Swim	Saturdays 12-2:30pm	\$5 Adult \$3 Youth \$2 Senior (Passes Available)
Lap Swim	Monday-Friday 7-9am or 1-2:30pm Saturday 11am-12pm	\$5 Adult \$3 Youth \$2 Senior (Passes Available) \$5 Adult \$3 Youth \$2 Senior (Passes Available)
Private/Semi-Private Swim Lessons	Call 334-2267 for more information \$30 for 1 child \$55 for 2-5 Children	
Private Pool Rental	Call 334-2267 for more information \$70 per hour (additional fees may apply)	
Water Babies 6 months-2 years old	• June 16-25 • June 30-July 9 • July 14-23 • July 28-August 6	Tuesday & Thursday 10:15-10:45 \$28 per session
	• May 23-June 13 • June 20-July 11 • July 18-August 8 • August 22-September 12	Saturday 9:45-10:15am \$28 per session



PROGRAM	DATES	DAYS TIMES FEES
Tiny Tots 3-5 years old	<ul style="list-style-type: none"> • June 15-24 • June 29-July 8 • July 13-22 • July 27-August 5 	Monday & Wednesday 10:15-10:45am \$28 per session
	<ul style="list-style-type: none"> • May 23-June 13 • June 20-July 11 • July 18-August 8 • August 22-September 12 	Saturday 10:15-10:45am \$28 per session
	<ul style="list-style-type: none"> • May 27-June 10 	Monday & Wednesday 6:15-6:45pm \$35 per session
	<ul style="list-style-type: none"> • June 15-24 • June 29-July 8 • July 13-22 • July 27-August 5 	Monday & Wednesday 6:15-6:45pm \$28 per session
	<ul style="list-style-type: none"> • August 10-26 • September 9-28 	Monday & Wednesday 6:15-6:45pm \$42 per session
	<ul style="list-style-type: none"> • June 15-24 • June 29-July 8 • July 13-22 	Monday & Wednesday 11-11:45am \$28 per session
	<ul style="list-style-type: none"> • July 27-August 5 • May 23-June 13 • June 20-July 11 • July 18-August 8 • August 22-September 12 	Saturday 10:15-12am \$28 per session
	<ul style="list-style-type: none"> • May 27-June 10 	Monday & Wednesday 6:15-6:45pm \$35 per session
	<ul style="list-style-type: none"> • June 15-24 • June 29-July 8 • July 13-22 • July 27-August 5 	Monday & Wednesday 6:15-6:45pm \$28 per session
	<ul style="list-style-type: none"> • August 10-26 • September 9-28 	Monday & Wednesday 6:15-6:45pm \$42 per session
Water Fitness	<ul style="list-style-type: none"> • June 1-19 • June 22-July 1 • June 2-18 • June 23-July 2 • June 8-July 1 • July 6-31 • August 3-28 • August 31-September 25 	Monday, Wednesday & Friday 9-10am \$27 Adult \$22.50 Senior
		Monday, Wednesday & Friday 9-10am \$15 Adult \$12.50 Senior
		Tuesday & Thursday 9-10am \$18 Adult \$15 Senior
		Tuesday & Thursday 9-10am \$12 Adult \$10 Senior
		Monday, Wednesday & Friday 12-1pm \$33 Adult \$27.50 Senior
		Monday, Wednesday & Friday 12-1pm \$30 Adult \$30 Senior
		Monday, Wednesday & Friday 12-1pm \$30 Adult \$30 Senior
		Monday, Wednesday & Friday 12-1pm \$33 Adult \$27.50 Senior
	<ul style="list-style-type: none"> • June 9-July 2 • July 7-30 • August 4-27 • September 1-24 	Tuesday & Thursday 11am-12pm \$24 Adult \$20 Senior
	<ul style="list-style-type: none"> • June 9-July 2 • July 7-30 • August 4-27 • September 1-24 	Tuesday & Thursday 12-1pm \$24 Adult \$20 Senior
	<ul style="list-style-type: none"> • June 9-July 2 • July 7-30 • August 4-27 • September 1-24 	Tuesday & Thursday 6:15-7:15pm \$24 Adult \$20 Senior

...CONTINUE TO NEXT PAGE FOR IDLEWILD POOL

IDLEWILD POOL - 1805 IDLEWILD DRIVE | 334-2267

Outdoor 50 meter 8-lane pool with two 1-meter boards and a tot pool
 Child Age: 0-5 | Youth Age: 6-17 | Senior Age: 50+ | *Closed: June 5, 26, 27 & 28

PROGRAM	DATES	DAYS TIMES FEES
Public Swim	• May 3-June 14	Sunday 1-4pm \$5 Adult \$3 Youth \$2 Child/Seniors
	• June 15-August 7	Monday-Friday 1-3:50pm \$5 Adult \$3 Youth \$2 Child/Seniors
	• June 20-August 16	Saturday & Sunday 1-5pm \$5 Adult \$3 Youth \$2 Child/Seniors
Lap Swim	• May 3-June 14	Sunday 12-1pm Passes Available
	• June 15-August 6	Monday-Friday 11:35am-12:50pm \$5 Adults \$3 Youth \$2 Child/Seniors 6-7pm \$5 Adults \$3 Youth \$2 Child/Seniors
		Saturday & Sunday 12-12:55pm Passes Available
	• April 6-June 12	Monday-Friday 7-9am \$5 Adults \$3 Youth \$2 Child/Seniors 11:30am-1:30 pm \$5 Adults \$3 Youth \$2 Child/Seniors 6:30-7:30pm \$5 Adults \$3 Youth \$2 Child/Seniors
Water Babies <i>6 months-2 years old</i>	• June 15-24	Monday & Wednesday 12-12:30pm \$28 per session
	• June 29-July 8	
	• July 13-22	
	• July 27-August 5	
	• June 16-25	Tuesday & Thursday 12-12:30pm \$28 per session
	• June 30-July 9	
	• July 14-23	
	• July 28-August 6	
Tiny Tots <i>3-5 years old</i>	• May 4-20	Monday & Wednesday 6:15pm-6:45pm \$42 per session
	• June 15-25	Monday-Thursday 9:40-10:10am \$56 per session
	• June 29-July 9	10:20-10:50am \$56 per session
	• July 13-23	11-11:30am \$56 per session
	• July 27-August 6	
Learn to Swim <i>6-17 years old</i>	• May 4-20	Monday & Wednesday 7-7:45pm \$42 per session
	• June 15-25*	Monday-Friday 9:40-10:25am \$63 per session
	• June 29-July 10	Monday-Friday 9:40-10:25am \$70 per session
	• July 13-24	
	• July 27-August 7	
	• June 15-25*	Monday-Friday 10:35-11:20am \$63 per session
	• June 29-July 10	Monday-Friday 10:35-11:20am \$70 per session
	• July 13-24	
	• July 27-August 7	
	• June 15-25*	Monday-Thursday 6:10-6:55pm \$56 per session
	• June 29-July 9	
	• July 13-23	
	• July 27-August 6	
Adult Swim Clinic	• May 5-21	Tuesday & Thursday 6:30-7:15pm \$42 per session
	• June 15-25*	Monday-Friday 10:35-11:20am \$63 per session
	• June 29-July 10	Monday-Friday 10:35-11:20am \$70 per session
	• July 13-4	
	• July 27-August 7	
Pool River Otters <i>Pre-Competitive Programs</i>	• June 15-25	Monday-Friday 9:40-10:25am \$70 per session
	• June 29-July 10*	Monday-Friday 9:40-10:25am \$63 per session
	• July 13-24	Monday-Friday 9:40-10:25am \$70 per session
	• July 27-August 7	
Private/Semi-Private Swim Lessons	Call 334-2267 for more information \$30 for 1 Child \$55 for 2-5 children	
Private Pool Rental	Call 334-2267 for more information \$140 per hour	



AUGUST 15-30

RENO.GOV/SENIORGAMES

(775) 657-4602

SENIORSERVICES@RENO.GOV



CROQUET | ARCHERY | BADMINTON
 MINIATURE GOLF | BILLIARDS
 BAGGO | BEANBAG BASEBALL
 PHASE 10 | BLACKJACK
 GO KARTS | BOWLING
 GOLF TOURNAMENT
 FLY CASTING
 PICKLEBALL
 TABLE TENNIS
 WALK RACE | HORSESHOES
 SWIMMING | TRACK & FIELD
 CROQUET

ATHLETICS

FOR MORE INFORMATION 334-2262
 EMNECC 1301 VALLEY ROAD
 IDLEWILD POOL 1805 IDLEWILD DRIVE
 PLUMAS GYM 475 MONROE STREET
 RENO SPORTS COMPLEX 2975 NORTH VIRGINIA STREET



KIDS TRIATHLON | 334-2262 IDLEWILD PARK | EMNECC

Participants must provide own competition gear and will not be able to compete without proper attire or safety equipment. Parents/Guardians are required to be on-site during the entire event.

August 15 8am-12pm | Ages 4-14 | \$30

- Ages 4-6: 25 yd swim, 1 mile bike & 0.5 mile run
- Ages 7-8: 50 yd swim, 1.5 mile bike & 1 mile run
- Ages 9-10: 100 yd swim, 1.5 mile bike & 1 mile run
- Ages 11-14: 200 yd swim, 2.5 mile bike & 1.5 mile run

SUMMER YOUTH HOOPS LEAGUE | 360-4160 BSUNDEEN@NNSR.ORG | NNSR.ORG TO REGISTER

In partnership with Northern Nevada Sports and Recreation, teams will meet twice a week during this 8 week program. All games and practices are held on MondayS & Wednesdays after 5:30pm.

Boys and Girls Youth | K-6th grade | \$85

Co-Ed Teams K-3rd | Boy & Girl Teams 5th & 6th

Teams meet twice a week after 5pm (no weekend games)

League dates: June 1-July 30

SUMMER CO-ED KICK BALL LEAGUE RENO SPORTS COMPLEX

Kickball is officiated by ASA certified officials and follows ASA rules unless otherwise noted. Registration includes 10 league games.

Ages 18+ | Monday | 6:30-11:30pm | \$360

Registration ends: June 29 | League Dates: July 19-Oct. 16

SUMMER CO-ED AND MEN'S SOFTBALL LEAGUE RENO SPORTS COMPLEX | IDLEWILD

Registration includes 10 league games and qualifying teams will play in a single elimination, post-season tournament.

Ages 18+ | 6:30-11:30pm | \$535

- Reno Sports Complex | Monday-Friday
- Idlewild | Tuesday-Thursday

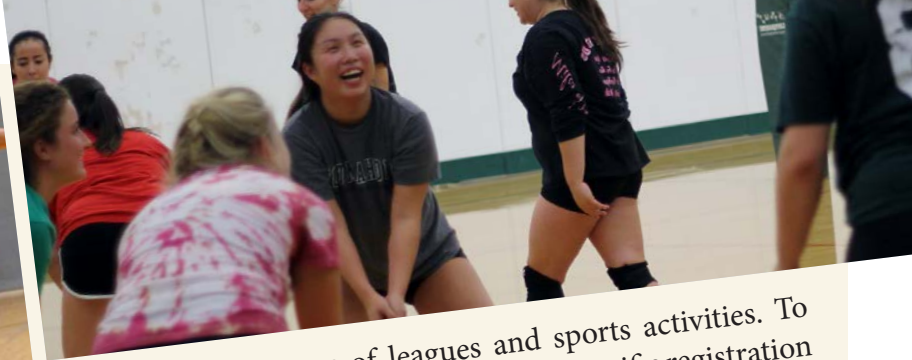
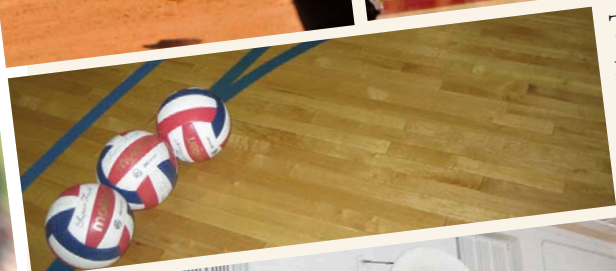
Registration ends: June 29 | League Dates: July 19-Oct. 16

SUMMER NON-SPIKING CO-ED VOLLEYBALL LEAGUE PLUMAS GYM

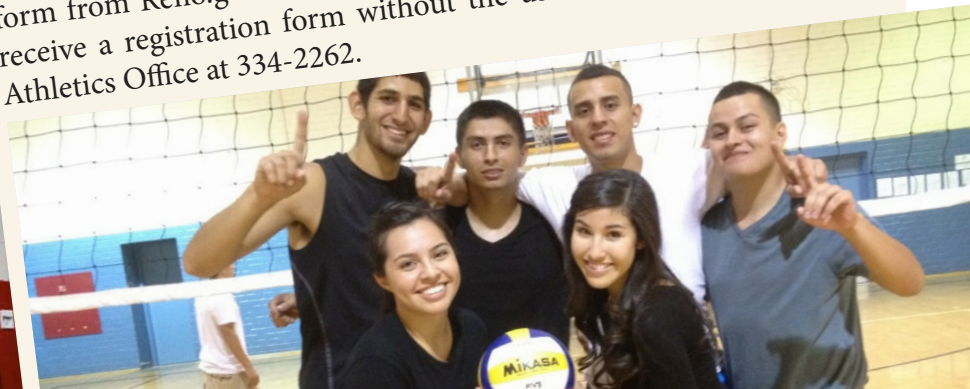
Registration fee includes 10 league games and a single elimination, post-season tournament for qualifying teams.

Ages 18+ | Monday | 6:30-11:30pm | \$160

Registration ends: June 29 | League Dates: July 13-Sept. 21



The City of Reno offers dozens of leagues and sports activities. To register for one of these leagues, download a sport-specific registration form from Reno.gov and submit it according to the instructions. To receive a registration form without the use of the Internet, call the Athletics Office at 334-2262.



FALL YOUTH NFL FLAG FOOTBALL LEAGUE | 360-4160 BSUNDEEN@NNSR.ORG | NNSR.ORG TO REGISTER

In partnership with Northern Nevada Sports and Recreation, this is an exciting opportunity to compete in a fun, high-energy youth football league. All teams are coached by volunteers who love sports and enjoy teaching kids in this great sport.

SUMMER TUESDAY SPIKING VOLLEYBALL LEAGUE | PLUMAS GYM

Registration fee includes 10 league games and a single elimination, post-season tournament for qualifying teams.

Ages 18+ | Tuesday | 6:30-11:30pm | \$160
Registration ends: June 30 | League Dates: July 14-Sept. 22

SUMMER SUNDAY SPIKING VOLLEYBALL LEAGUE PLUMAS GYM

Registration fee includes 10 league games and a single elimination, post-season tournament for qualifying teams. Games may start as early as 9am.

Ages 18+ | Sunday | 9am-11:30pm | \$160
Registration ends: June 28 | League Dates: July 12-Sept. 20

SUMMER MEN'S BASKETBALL PLUMAS GYM | EMNECC

Registration fee includes 10 league games and a single elimination, post-season tournament for qualifying teams.

Ages 18+ | Monday-Thursday | 6:30-11:30pm | \$510
Registration ends: June 29 | League Dates: July 13-Sept. 24

FALL NON-SPIKING CO-ED VOLLEYBALL LEAGUE PLUMAS GYM

Registration fee includes 10 league games and a single elimination, post-season tournament for qualifying teams.

Ages 18+ | Monday | 6:30-11:30pm | \$160
Registration ends: Sept. 14 | League Dates: Sept. 28-Dec. 28

FALL TWO NIGHT SPIKING CO-ED VOLLEYBALL LEAGUE PLUMAS GYM

Registration fee includes 10 league games and a single elimination, post-season tournament for qualifying teams.

Ages 18+ | Tuesday & Thursday | 6:30-11:30pm | \$160
Registration ends: Sept. 13 | League Dates: Sept. 27-Nov. 5

FALL SUNDAY SPIKING VOLLEYBALL LEAGUE PLUMAS GYM

Registration fee includes 10 league games and a single elimination, post-season tournament for qualifying teams. Games may start as early as 9am.

Ages 18+ | Sunday | 9am-11:30pm | \$160
Registration ends: Sept. 13 | League Dates: Sept. 27-Dec. 27

INCLUSION



ACCESS FOR ALL | 334-2262

The City of Reno provides accommodations to those with disabilities so that full participation in leisure and recreation programs, classes, services and facilities may be enjoyed by all. For accommodation to participate in a program, contact Inclusion Services a minimum of five business days prior to program. Hearing impaired individuals can use Nevada Relay by dialing 711 for assistance.

U.S. PARALYMPICS | 334-2262

Paralympic Sport Reno is a community-based sports club developed to involve youth and adults with a physical and/or visual disability. A division of the U.S. Olympic Committee is dedicated to becoming the world leader in the Paralympic sports movement and to promoting excellence in the lives of persons with physical disabilities.

ADAPTIVE REC CONNECT | 334-2262

This newsletter is the best way to stay current with upcoming events, sports, social programs and area resources. You can download a copy by visiting Reno.gov/parksandrec or call Inclusion/Adaptive services to have each issue e-mailed to you.

GOALBALL CLINIC EMNECC | 1301 VALLEY ROAD

Goalball is a fun and exciting game developed for individuals that are blind or have low vision. Goalball is a Paralympic Sport and can be played at a competitive level, or for fun and fitness.

May 9 | Saturday 11am-2pm | Free (lunch provided)

ADAPTIVE EQUIPMENT RENTAL PROGRAM | 333-7765

Our adaptive recreation equipment is available to rent (sport wheelchairs, beach wheelchairs, hand cycles, etc.). Renting makes it affordable for participants to try before they buy, be a weekend warrior, gain skills and be involved in more than one sport. Call for more information.

OUT AND ABOUT

334-2262 | 333-7765 FOR ACTIVITY SCHEDULE

The Out and About community outing program is geared for young adults ages 15 years and up with disabilities and their caregivers/companions. Join us for bowling, cooking, golfing, fishing, field trips and more.

PROJECT FIT RENO | 333-7765

Project Fit Reno, sponsored by Renown Health, provides weekly fitness classes and an all-inclusive facility membership pass to promote a continuum of service, transitioning individuals living with spinal cord injury from the hospital to their home communities to continue to work on their home rehabilitation program and personal fitness goals. Classes are taught by a Renown Rehabilitation Hospital Physical Therapist and a City of Reno fitness instructor. Individuals living with spinal cord injury will be required to participate in a minimum of four structured classes. After the minimum requirement of fitness classes is completed, participants will be eligible for a free all-inclusive facility membership good for one year.



VETERAN PROGRAMS | 334-2262

R4 Alliance

R4 Alliance is a membership of nationally recognized programs of excellence, who provide therapeutic and community-based recreation services to veterans and their family members. The City of Reno is honored to be recognized for providing the first municipal program invited into their membership.

Project Hero City of Reno

Project HERO (Healing Exercise Rehabilitation Opportunity) provides training and supports cycling programs at military hospitals, Army Transition Units, Marine Wounded Warrior Units and Veterans Affairs locations to help healing heroes overcome obstacles they face. Project HERO has proven the effectiveness of group riding in the rehabilitation of injured servicemen and women. For more information, call April Wolfe or email wolfea@reno.gov to join us on our next ride.

Fit But Not Forgotten

The Fit But Not Forgotten program offers weekly fitness classes in our facility weight room. Classes will cover orientation to equipment, assessment of fitness level, proper technique to develop strength, endurance and flexibility and discuss fitness goals. Upon completion of four classes participants will be eligible for a free all-inclusive one year facility membership. This program is funded from a grant provided by the Department of Veterans Affairs, Adaptive Sports Grant.

- Monday | 5:30-6:30pm
- Wednesday | 10-11am

Military Sports Camp

The City of Reno, with the generous support of its presenting sponsors and local adaptive sports programs plan to once again host 15 disabled veterans and injured service members and their spouse/guests for a multi-day Military Sports Camp. There is no cost to Military Service Men or Women and their guest. Registration preference will be given to Nevada Service Members and residents. For more information contact April Wolfe at 333-7765 or wolfea@reno.gov

- September 16 – 20th

ADAPTIVE GOLF | 333-7765

Paralympic Sport Reno has partnered with Rosewood Lakes Golf Course to offer six-week sessions of golf instruction. Whether you are an absolute beginner or a seasoned veteran, you'll find a place at our golf clinics taught by golf professionals. Call for more information.

- May 1-June 5 | Friday 11am-12pm
- July 12-August 16 | Sunday 11am-12pm
- September 9-October 14 | Wednesday 11am-12pm

WHEELCHAIR RUGBY PRACTICES | 333-7765

Wheelchair or quad rugby is a fast paced and competitive sport for individuals with physical disabilities that affect all four extremities. Players use special "rugby wheelchairs" to play the sport. These chairs are very maneuverable and can take a hit or two. Rugby players must be able to push their own wheelchairs.

July-December

Tuesday and Thursday 2-5pm | \$50

Saturday | 12-3pm | \$25

WHEELCHAIR RUGBY TOURNAMENTS | 333-7765

The Sierra Challenge Athletic Association in cooperation with the City of Reno Adaptive Recreation Program will host their annual wheelchair rugby tournament. Teams from the United States Quad Rugby Association (USQRA) will join the Sierra Storm in a fun-filled and competitive weekend of wheelchair rugby. For game schedules and more information contact April Wolfe at wolfea@reno.gov.

- Aug 21-23 | EMNECC - 1301 Valley Road
- Oct 30-Nov 1 | Plumas Gym - 475 Monroe Street

MARK WELLMAN'S ADVENTURE DAY AT SPARKS MARINA SPARKS MARINA PARK | 300 HOWARD DRIVE | 353-7815

A kayaking seminar will be featured and adaptive rock climbing, adaptive sailing and hand cycles will be available to try. Bring your bathing suit and sun block to this free event. Call Shauna Nelson or email shnelson@cityofsparks.us for more information.

June 7 | Sunday 10am-2pm

NORTHERN CALIFORNIA/NEVADA ADAPTIVE CYCLING SERIES 333-7765

Join us while we cycle various locations in northern California and Nevada throughout the summer/fall. There will be a series of organized rides in the Bay Area, Sacramento and Reno. Each ride will offer routes of varying distances for beginner to advanced.

June 6 | Reno, NV

April Wolfe - City of Reno

333-7765 or wolfea@reno.gov

July TBA | Berkeley, CA

Greg Milano - Bay Area Outreach Program

510-848-2930 or cycling@borp.org

September 13 | Chico, CA

Chuck Nadenu - Ability First Sports Chico

530-588-0335 or chuck@abilityfirstsports.org

October 10 | Monterey, CA

Annie Desalernos - City of Sacramento, Access Leisure

916-808-3809 or adesalernos@cityofsacramento.org

ACTIVITIES & CLASSES

EMNECC 1301 VALLEY ROAD
 MCKINLEY ARTS & CULTURE CENTER 925 RIVERSIDE DRIVE
 TEGLIA'S PARADISE PARK 2745 ELEMENTARY DRIVE



DOG OBEDIENCE | 365-4530 DOGMANGUY.COM

Instructor Guy Yeaman will teach your dog the basic obedience commands. Each dog will need a training collar (choke chain, halti, martingale, harness, etc.) and a four-foot to six-foot fabric or leather leash. Written proof of updated dog shots must be shown at the start of class. Results are guaranteed.

Ages 8+ for people | 4 months+ for dogs

- Comstock Park - 1650 Carat Boulevard
Fall/Winter 10-11am | Spring/Summer 9-10am
- McKinley Arts and Culture Center | 1-2pm
 Saturday | \$80 per session
- June 20-July 25
- August 1-September 5
- October 3-November 7

CERAMICS CLASS | 334-2417 MCKINLEY ARTS AND CULTURE CENTER

The ceramics class is designed to focus on techniques that accommodates novice to advance students. Mediums include acrylic paints, glazes and translucences.

\$45 per month | 9:30am-12pm

Three Wednesdays a month - classes vary with holidays

OUTDOOR ACTIVITIES | 334-2414 TRUCKEE RIVER WHITEWATER PARK - 2 S. ARLINGTON AVE

The Whitewater Park features five drop pools over 1,400 feet in the north channel and six pools over 1,200 feet in the south channel. Kayak, raft and tube rentals are available by local concessionaires. As with all river systems, safety precautions should be exercised (i.e. use of personal flotation devices). There is no lifeguard on duty.



PARADISE PARK COMMUNITY GARDEN | 334-1201

TEGLIA'S PARADISE PARK

Forty-four individual ground plots, six raised beds and two large community garden spaces for use.

\$10 for one spot - \$15 for two spots

Returning gardeners can reserve the same spots

JUJITSU | 334-2262

EMNECC

DanZan Ryu Hawaiian Jujitsu is an internationally recognized and teaches self-defense that is effective. Students practice techniques while developing character and ethical principals. New students are required to become members of the American Judo and Jujitsu Federation (AJJF).

AJJF Membership

\$30 per year for age 15 and younger

\$60 per year for adults | \$15 for seniors (65+)

Adult Jujitsu | \$60 per month

- Tuesday & Thursday | 7-9pm
- Saturday | 10am-12pm

Kid's Jujitsu | \$50 per month

- Tuesday & Thursday | 6-7pm



KARATE/TAEKWON-DO | 334-2262

EMNECC

Master Jeff Collins combines (Kosho Ryu), Taekwon-Do and Kick Boxing for a well-rounded martial arts and self-defense program.

Adult Karate/Taekwon-Do | Ages 12+

Tuesday & Thursday | 6:30-8:30pm

\$75 for 6 weeks | \$100 for both stick fighting and karate

- May 26-July 2
- July 7-August 13
- August 18-September 24
- September 29-November 5

Children's Karate/Taekwon-Do | Ages 8-12

Monday-Wednesday | 5:30-6:20pm | \$62.50 per session

- May 27-July 6
- July 13-August 19
- August 24-September 30
- October 5-November 10

EMEI QIGONG | 997-8608

EMNECC | BLEE88@GMAIL.COM

The class is restructured for both new and returning students. We will practice Wuji Gong, the primary form of Emei Gong. It includes simple, low impact and meditative movements that are designed to wake up our natural healing abilities.

Tuesday 5:30-6:30pm | \$5 per month

TAI CHI | 334-2262

EMNECC

Cheng Man Ching Yang Style consists of 37 postures also known as Meditation in Motion. This low impact exercise helps with relaxation, balance and flexibility.

\$5 per class

Monday 6-7pm | Tuesdays and Thursdays 1-2pm

PHILIPPINE STICK FIGHTING | 334-2262

EMNECC

This is a complete system of armed and unarmed self-defense. Arnis also encompasses aspects of Aikido, Jujitsu, Wing Chun, Tai Chi and Gung-Fu.

Ages 12+ | Wednesday | 6:30-8pm

\$54 for 6 weeks | \$100 for both stick fighting and karate

- May 27-July 1
- July 8-August 12
- August 19-September 23
- September 30-December 9

TRADITIONAL SHOTOKAN KARATE CLASS | 334-2262

EMNECC

These classes teaches traditional Japanese style karate, using the same training principals used in traditional karate dojos throughout the world.

Adult Karate

Tuesday, Thursday & Friday 5:30pm-7pm

\$75 per month | \$270 for 4 months

Family Membership \$125

Children's Karate

Tuesday, Thursday & Friday 4-5pm

- Ages 4-9 | \$55 per month or \$200 for 4 months
- Ages 10-16 | \$65 per month or \$240 for 4 months

SELF DEFENSE (WOMEN AND MEN) | 334-2262

EMNECC

Practice mental tactics and physical techniques to defend yourself against attack. Learn how to avoid, escape and survive attacks that don't require physical strength. These practical techniques will maximize your chances of safety. Wear comfortable, loose clothing.

Monday 6:30-8:30pm | \$54 for 6 week course

- June 1-July 6
- July 13-August 17
- August 24-October 5
- October 12-November 16

SENIOR ACTIVITIES (50+)



EMNECC 1301 VALLEY ROAD | 334-2262
MCKINLEY ARTS & CULTURE CENTER 925 RIVERSIDE DRIVE | 326-6601
NEIL ROAD RECREATION CENTER 3925 NEIL ROAD | 689-8484
PLUMAS GYM 475 MONROE STREET | 334-2262
TEGLIA'S PARADISE PARK 2745 ELEMENTARY DRIVE | 356-3176

SENIOR MAT YOGA | 303-2845

EMNECC | NEIL ROAD RECREATION CENTER

This gentle yoga class approaches a fundamental yoga stretches presented in a flowing class that is easy to follow. Mats, blankets and blocks are available on the first come, first served basis. For more information, contact Pam Pearson (psp89@hotmail.com).

Monday, Wednesday & Friday | \$30 per month

- Neil Road Recreation Center | 10-11am
- EMNECC | 12-1pm

ZUMBA GOLD | 356-3176

TEGLIA'S PARADISE PARK

With zesty Latin rhythms, it tones and sculpts the body in an energizing cardio workout. Classes are hosted by Patricia and Shannon Gallimore of G-Fusion Fitness and Health.

\$10 per month

- Monday | 5:30-6:30pm
- Thursday | 10-11am

SENIOR TRAVELERS AND AROUND TOWN | 657-4602

SENIORSERVICES@RENO.GOV

Travel to a different regional destination each month. Call for more information or view the monthly Senior Connect newsletter.

SENIOR COMPUTER CLASSES | 689-8484

NEIL ROAD RECREATION CENTER

Learn computer skills and bring the world to your fingertips. Classes meet three times each month. Preregistration is required.

\$20 Per month | \$10 per additional class
(Only the first full week of the month)

- Open Lab | Monday, Wednesday & Friday 12-2pm
- Computer Essentials Made Simple | Monday, Wednesday & Friday | 9:30am
- Computer Protection Made Simple | Tuesday & Thursday | 9:30am
- Digital Photo Editing | Tuesday & Thursday | 9:30am

CREATIVE CRAFTS AND QUILTS | 356-3176

TEGLIA'S PARADISE PARK

Create your own craft projects or learn something new each week. Please register early.

\$5 for guided instruction | Drop in \$0.50 | Monday | 1pm

SENIOR LUNCH PROGRAM | 689-8484

NEIL ROAD RECREATION CENTER

Seniors can enjoy a hot meal or a fresh salad for lunch. Salads and hot meals must be ordered a day in advance. Additional eligibility information applies. For more information call or visit Reno.gov/seniors.

Monday-Friday 11:30am

Suggested donation of \$2 | \$4 for non-seniors

SENIOR CHAIR YOGA | 303-2845

The course teaches yoga poses and postures focusing on gentle movement from a chair or standing beside a chair.

\$8 per month, per location

- EMNECC | Wednesday 1:30-2:15pm
- Teglia's Paradise Park | Thursday 9-9:45am
- Neil Road Recreation Center | 10:30-11:15am

SENIOR CONNECT NEWSLETTER | 657-4602

SENIORSERVICES@RENO.GOV

Stay connected and learn about upcoming classes and events, activity/facility calendars and much more. Pick up a copy each month at Teglia's Paradise Park, Neil Road Recreation Center and other facilities. Call or email to have a copy mailed to you, e-mailed to you or download a copy from Reno.gov/seniors.

CROCHET CIRCLE | 334-2262

EMNECC

Join this stress-free group to learn a variety of stitches and create afghans, lap blankets and much more. All skill levels are welcome. Supply list: one eight ounce skein of worsted weight yarn and a 'H' aluminum crochet hook.

\$20 per month | Monday 10am-12pm

HEALTH, WELLNESS & YOU | 356-3176

TEGLIA'S PARADISE PARK

Enjoy drop-in discussion concerning your health and wellness. Come in and gain useful health and wellness tips/information. Lunch is included.

Drop in \$0.50 | First Tuesday of each month | 12pm

BRUNCH AND A MOVIE

ELDORADO CASINO | 345 N VIRGINIA STREET

Have you seen a good movie lately? Enjoy a brunch at the Eldorado at 9:30am.

\$20 per month | First Thursday of each month | 9:30am

RENO SENIOR DANCE CLUB | 689-8484

NEIL ROAD RECREATION CENTER

Twice a month seniors gather to tango, waltz and swing. Refreshments are provided.

\$5 per dance | Second and fourth Sundays | 2-5pm

DINNER AND A SHOW | 657-4602

SENIORSERVICES@RENO.GOV

Price includes both dinner and show tickets. Space is limited. Call for information or view monthly Senior Connect newsletter.

SENIOR BOWLING

HIGH SIERRA LANES | 3390 S. VIRGINIA ST

Come bowl with your friends or meet new ones! Not a league, just bowling for fun and exercise.

\$7.50 per week | 3 games (Shoe rental included)
Wednesdays 1-4pm

TEGLIA'S PARADISE PARK ACTIVITY CENTER

Drop-in Activities \$0.50

- Pinochle | Monday & Wednesday | 10am
- Sit and Get Fit | Monday, Wednesday & Friday | 8:30am
- Health, Wellness and You | 1st Tuesday | 12pm
- Birthday Party | 3rd Wednesday | 2pm
- Bunco | Thursday | 12:15pm
- Intermediate Bridge | Wednesday | 10am
- Board Game Day | Wednesday | 10am-3pm
- Glee Club | 2nd & 4th Tuesday | 11am
- Dancing With the Stars | 1st & 3rd Tuesday | 1pm
- Bean Bag Baseball | Friday | 10am-12:30pm

Paid Activities

- Chair Yoga | Thursday | 9am
- Creative Crafts & Quilts | Monday | 12pm
- Zumba Gold | Thursday | 10am

Social Services

- Bread Drop | Tuesday | 10am
- Blood Pressure | 1st Tuesday | 11am

EVELYN MOUNT NORTHEAST COMMUNITY CENTER

Drop in Activities \$0.50

- Ballroom Dance | Tuesday & Friday | 2pm & 6pm
- Cribbage | Thursday | 1pm
- Super Seniors | Tuesday, Thursday & Friday | 8:30am
- Sit and Get Fit | Tuesday & Thursday | 10am
- Bridge | Tuesday | 9am

Paid Activities

- Water Fitness | Monday-Friday | Varies
- Crochet Circle | Monday | 10am
- Senior Yoga | Monday, Wednesday & Friday | 12pm
- Senior Tap | Wednesday | 10am
- Chair Yoga | Wednesday | 1:30pm
- Cro-Nits | 3rd & 4th Thursday | 10am
- Pickleball | Schedules Vary

NEIL ROAD RECREATION CENTER

Drop-in Activities \$0.50

- Cribbage | Monday | 1pm
- Pickleball | Monday, Thursday & Friday | 1:30pm
- Pickleball | Wednesday | 12pm
- Table Tennis | Monday, Wednesday & Thursday | 7pm
- Table Tennis | Saturday | 10am
- Fitness with Friends | Tuesday & Thursday | 10am
- This-N-That Exchange | Tuesday | 1pm
- Basic Bridge | Tuesday | 1pm
- Pinochle | Monday & Wednesday | 10am
- Bunco | 1st Thursday | 1pm
- Dominoes | 2nd Thursday | 1pm
- Badminton | Monday & Wednesday | 7pm
- Badminton | Friday | 6pm
- Bingo | Friday | 1pm

Paid Activities

- Computer Essentials Made Simple | Monday, Wednesday & Friday | 9:30am
- Computer Protection Made Simple | Tuesday & Thursday | 9:30am
- Digital Photo Editing | Tuesday & Thursday
- Senior Mat Yoga | Monday, Wednesday & Friday | 10am
- Colin Ross Music Program | Tuesday | 2pm
- Senior Dance | 2nd & 4th Sunday | 2pm
- Open Lab | Monday, Wednesday & Friday | 12pm
- Chair Yoga | Thursday | 10:30am

Social Services

- Senior Lunches | Monday-Friday | 11:30am
- Bead Drop | Tuesday | 12pm
- AARP Driving | Saturday | Varies

NON-SITE SPECIFIC | 657-4602

Paid Activities

- Brunch & Movie | 1st Thursday | 8:30am
- Reno Travelers | 3rd Thursday | Varies

PARKS

OPEN 7 DAYS A WEEK AT THE FOLLOWING HOURS:

October 1 - March 31 | 6am - 7pm

April 1 - September 30 | 5am - 10pm

		Rentable Shelters	Rest Rooms	Picnic Shelter	Playground	Soccer/Football	Baseball/Softball	Tennis Court	Basketball Court	Horse Shoe Court	Volleyball	Pathway	Trails	Bicycle Path	Tables/Benches	Barbeque	Lake/Pond/River	Exercise Court	Water Play Toys
DOWNTOWN																			
Barbara Bennet Park	400 Island Avenue		•		•			•	•						•		•		
Bicentennial Park	10 Ralston Street											•			•		•		
City Plaza	10 North Virginia													•	•		•		
City Center Plaza	4th & Center Street														•				
Fulton Corner	1st Street & Arlington Ave													•			•		
Powning Veterans Memorial Park	150 South Virginia Street														•				
Truckee River Whitewater Park	1st Street & Arlington Ave																•		
West Street Plaza	220 West 1st Street														•		•		
Wingfield Park	2 South Arlington Ave										•						•		
NORTH VALLEYS																			
Dorothy McAlinden Park	12000 Mt. Charleston		•	•	•					•	•	•			•	•			
Mayors Park & Fields	12000 Mt. Charleston						•												
Panther Valley Park	850 Link Lane		•	•	•	•			•			•			•	•		•	•
Raleigh Heights Park	825 Burgess Place		•	•	•	•	•		•						•	•			
Silver Lake Park	8755 Red Baron Blvd.	•	•	•	•		•		•	•		•			•	•			•
NORTHEAST																			
Dick Taylor Memorial Park	1140 Beech Street	•	•	•	•	•	•	•	•			•			•	•			
Eighth Street Parkway	455 East 8th Street											•			•				
Evans Park	200 East 9th Street		•							•					•				
Melody Lane Park	2370 Scottsdale Road			•	•							•			•	•			
Pat Baker Park	1910 Bishop Street	•	•	•	•				•						•	•			
Rotary Centennial Park	1265 Hillboro Street			•	•				•						•	•			
Sage Street Park	790 Sage Street			•	•										•	•			
Sterling Village Tot Lot	760 Winston Drive			•	•										•	•			
Teglia's Paradise Park (Two Rentable Shelters)	2745 Elementary Drive	•	•	•	•							•			•	•	•	•	
Traner Pool	1700 Carville Drive														•				•
University Ridge Park	990 South University Loop		•	•	•				•			•			•	•		•	
<i>Train Hours (Idlewild Park-1900 Idlewild Dr.) 11am-6pm on Saturdays and Sundays 11am-3pm Tuesdays-Fridays</i>																			
NORTHWEST																			
Canyon Creek Park	1485 Robb Drive	•	•	•	•				•	•	•	•			•	•		•	
Hilltop Park	3950 Buckingham Square Blvd		•	•	•		•								•	•			

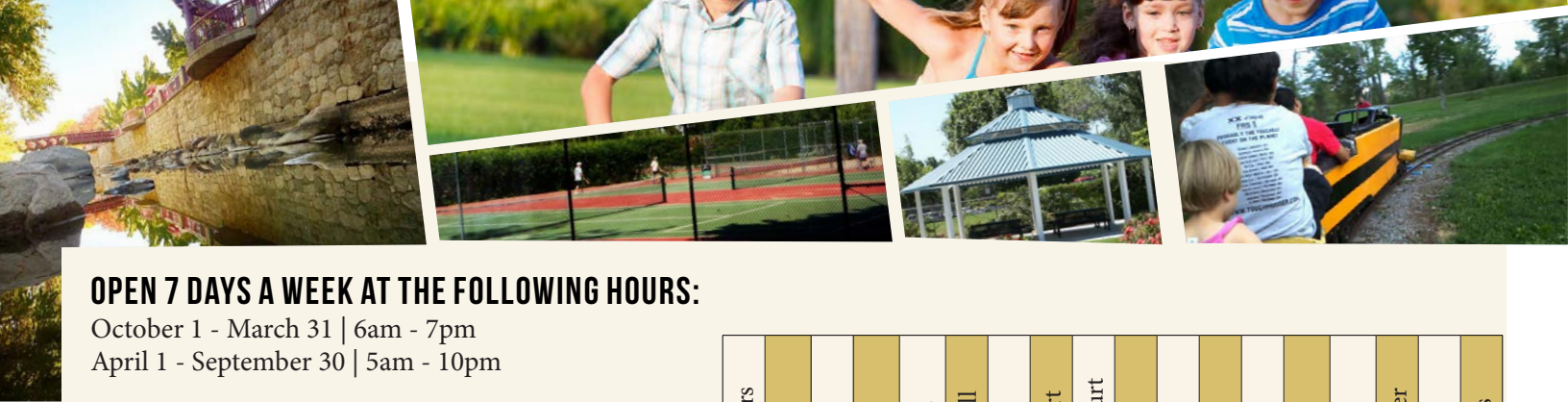
*Year round restrooms; all others open late April-early October (weather permitting)

ADOPT-A-PARK

Get involved in the community in a way that develops pride and appreciation through stewardship. Call 334-2270 and Adopt-a-Park in your neighborhood today.

		Rentable Shelters	Rest Rooms	Picnic Shelter	Playground	Soccer/Football	Baseball/Softball	Tennis Court	Basketball Court	Horse Shoe Court	Volleyball	Pathway	Trails	Bicycle Path	Tables/Benches	Barbeque	Lake/Pond/River	Exercise Court	Water Play Toys
NORTHWEST (CONT.)																			
Irving Circle Park	85 Irving Park Circle																		
Lake Park	40 Coleman Drive				•							•			•		•		
Las Brisas Park	5950 Las Brisas Drive	•	•	•	•				•			•			•	•			•
Lunsford Park	Riverside Drive at Washington St														•				
McKinley Park	925 Riverside Drive														•				
Northgate Park	6450 Moonridge Terrance	•	•	•	•										•	•			
Northwest Park	2775 Apollo Way		•		•	•	•	•	•			•							
Oxbow Nature Study Area	3100 Dickerson Road		•										•		•		•		
Peavine Fields	825 Wyoming Avenue		•				•												
Rainbow Ridge Park	1355 Rainbow Ridge Road		•	•	•				•			•	•		•	•			
Reno Sports Complex	2975 North Virginia Street		•				•								•				
Riverside Drive Park	650 Riverside Drive											•			•		•		
Seminary Park	1101 Sierra Street														•				
Sierra Vista Park**	1111 Clubhouse Drive												•		•				
Sky Country Park	3290 Snake River Drive				•					•	•	•			•	•			
Somersett East Park	1900 Park Hollow Court		•	•	•				•						•				
Terrace Sports Complex	2525 Robb Drive		•	•	•	•	•						•		•	•			
Valley Wood Park	6555 Valley Wood Drive		•	•	•				•			•	•		•	•			
Whitaker Park (Dog Park)	550 University Terrance	•	•	•	•			•		•		•			•	•			
SOUTHEAST																			
Brodhead Park	5 South Park Street											•	•	•			•		
Center Creek Park	1595 Wilbur May Parkway			•	•				•			•		•	•	•			
Comstock Park	1650 Carat Boulevard		•	•	•	•	•		•			•			•				
Cyan Park**	2121 Longwood Drive		•	•	•										•	•			
Damonte Ranch Park	1950 Steamboat Parkway		•	•	•				•			•			•	•			
Donner Party Park	4385 Loreto Lane																		
Double Diamond Park	9100 Wilbur May Parkway		•			•	•												
Evergreen Park	9555 Evergreen Drive												•		•				
Fisherman's Park I and II	495 Galetti Way			•										•	•	•	•		
Governor's Bowl Park	1498 East 7th Street		•				•												
Holcomb Historic Site	1005 Holcomb Ave																		
Horizon View Park	9675 Wilbur May Park Way			•	•							•		•	•	•		•	
Huffaker Park and Trail	1160 East Huffaker	•	•	•	•	•	•	•	•	•			•		•	•		•	
Jamaica Park	1000 Jamaica Avenue		•	•	•	•	•			•		•			•	•			
John Champion Park	957 Kuenzli Street			•										•	•	•	•		
Liston Park	1635 Yori Avenue				•										•				

*Year round restrooms; all others open late April-early October (weather permitting) **Opens late 2015



OPEN 7 DAYS A WEEK AT THE FOLLOWING HOURS:

October 1 - March 31 | 6am - 7pm
 April 1 - September 30 | 5am - 10pm

ADOPT-A-PARK

Get involved in the community in a way that develops pride and appreciation through stewardship. Call 334-2270 and Adopt-a-Park in your neighborhood today.

Rentable Shelters	Rest Rooms	Picnic Shelter	Playground	Soccer/Football	Baseball/Softball	Tennis Court	Basketball Court	Horse Shoe Court	Volleyball	Pathway	Trails	Bicycle Path	Tables/Benches	Barbeque	Lake/Pond/River	Exercise Court	Water Play Toys
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SOUTHEAST (CONT.)

Miguel Ribera Park	3925 Neil Road	•		•	•	•		•	•	•			•	•			
Mira Loma Park	3000 South McCarren Blvd	•	•	•	•	•	•	•	•	•			•	•		•	
Pickett Park	250 Kirman Avenue	•	•	•	•		•	•	•				•	•		•	
Reggie Road Pathway	Reggie Road									•							
Stewart Park	400 Stewart Street			•	•			•					•	•			
Wilkinson Park	1201 East Taylor Street		•		•	•	•						•				
Yori Park	2800 Yori Way		•	•	•	•		•		•			•	•			•

SOUTHWEST

Caughlin Crest Park	3851 Cashill Boulevard				•								•				
Crissie Caughlin Park	3415 Idlewild Drive		•	•	•				•		•		•	•	•		
Crystal Lake Park	1190 Country Estates Circle		•	•	•	•		•	•	•	•		•	•		•	
Horseman's Park	2800 Pioneer Drive										•						
Idlewild Park (Three Rentable Shelters)	1900 Idlewild Drive	•	•	•	•		•			•	•		•	•	•	•	•
Ivan Sack Park	3005 Idlewild Drive			•						•			•		•		
Jack Tighe Memorial Fields	325 Burris Lane		•				•										
Manzanita Park	630 Manzanita Lane	•	•	•	•		•	•	•	•	•		•	•		•	
Mary Gojack Park	3100 Skyline Boulevard		•		•	•					•		•				
Moana Springs Recreation Complex	240 Moana Lane				•	•							•				
Newlands Park	700 California Avenue				•								•				
Plumas Park & Gym	475 Monroe Street		•			•		•									
Reno Tennis Center	2601 Plumas Street		•					•									
Robinhood Park	800 Robinhood Drive			•	•			•					•	•			
Schiappacasse Park	3945 Riverhaven Drive											•			•		
Summit Ridge Park	4560 Summit Ridge Drive		•	•	•			•	•		•		•	•		•	•
Village Green Park	4785 Caughlin Parkway		•	•	•		•		•	•	•		•	•			
Virginia Lake Park (Dog Park)	1980 Lakeside Drive	•	•	•	•					•			•	•	•	•	
Wheatland Park	990 Wheatland Road		•	•	•				•	•	•		•	•			•

**Year round restrooms; all others open late April-early October (weather permitting)*

RENO STAR | ARTIST: MARK SZULGIT

Corner of McCarran and Virginia



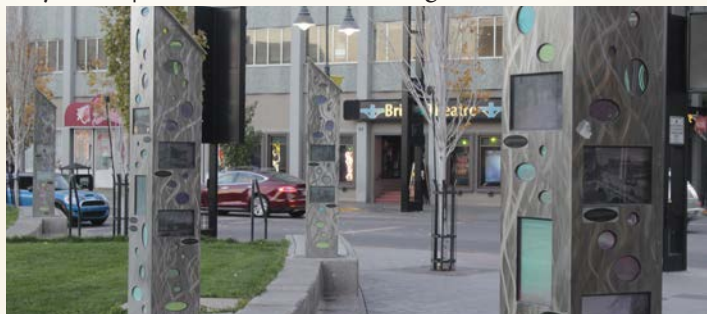
MOUNTAIN TOP | ARTIST: BRAD RUDE

McKinley Arts and Culture Center | 925 Riverside Dr.



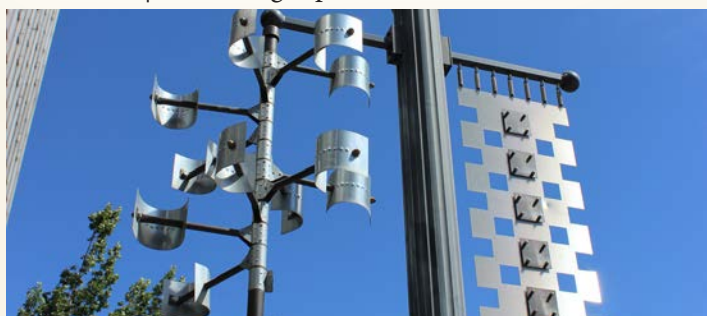
YOU SHOULD HAVE BEEN HERE | ARTIST: CORK MARCHESI

City Plaza | Southeast Corner of Virginia Street



ARTS DISTRICT BANNERS | ARTIST: DAVID BOYER

Downtown | Various light poles Downtown Reno



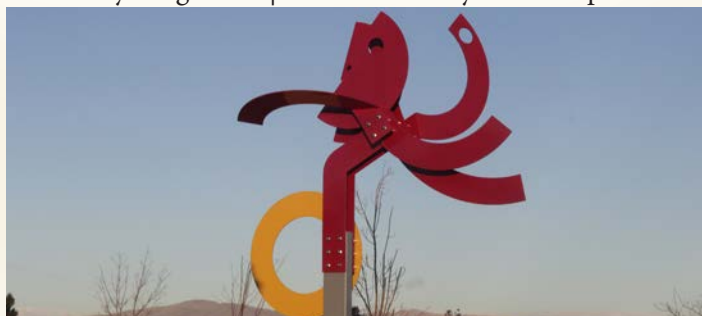
FEATHER | ARTIST: JEFF ERIKSON

ReTrac Corridor | West Third Street



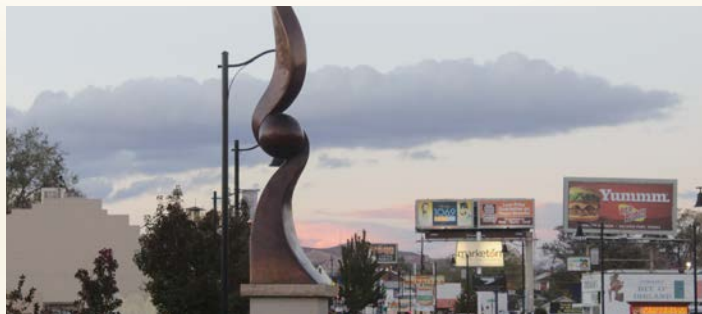
ALFRESCO | ARTIST: JORGE BLANCO

University Ridge Park | 990 S University Park Loop



COMMUNITY, DIVERSITY AND INDEPENDENCE

ARTIST: BENJAMIN VICTOR | Wells Avenue



RAINBOW TROUT | ARTIST: EILEEN GAY

Idlewild Park | 1805 Idlewild Dr.



RENTABLE FACILITIES

QUARTERLY RENTAL DISCOUNTS FOR ALL RENTABLE FACILITIES

10-24 USES/QUARTER	10% DISCOUNT
25-49 USES/QUARTER	15% DISCOUNT
50+ USES/QUARTER	20% DISCOUNT

CALIFORNIA BUILDING 75 COWAN DR | 334-2417

The Spanish-style architecture, reminiscent of the early California missions, distinguishes this popular facility which hosts numerous cultural and special events.

Includes: Use of entire facility, kitchen, restrooms, 6' rectangular tables, 5' round tables, chairs, alcohol permit and patio.

Rental Fees

- Building | Capacity: 250 | \$75/hr
- Patio | Capacity: 100 | \$100/day
- Rose Garden | \$85 for two hours

Wedding/Party Package

\$700 for eight hours and \$75 for each additional hour

Requirement: \$1,000 refundable security deposit



EVELYN MOUNT NORTHEAST COMMUNITY CENTER 1301 VALLEY RD | 334- 2262

40,000 square-foot-facility provides rental rooms for meetings of any size and family events.

Includes: 6' tables and folding chairs for indoor use.

Rental Fees

- Gym | Capacity: 300 | \$45/hr
- Small Meeting Room | Capacity: 20 | \$10/hr
- Large Meeting Room | Capacity: 30 | \$20/hr
- Dance Room | Capacity: 30 | \$30/hr
- Tuscarora | Capacity: 80 | \$30/hr
- Pool | Capacity: 100 | \$70/hr



WEST STREET MARKET 148 WEST ST | 334-2414

A unique gathering place centered around food, shopping and entertainment. Urban market with ecofriendly themes.

Includes: Alcohol and sound permit.

Rental Fees | \$150 for eight hours



Each shelter can accommodate 50-200 people and comes with picnic tables and a barbecue. Please note that these amenities are not reserved as part of a picnic shelter permit. Playgrounds, tennis, volleyball and basketball courts, horseshoe pits, and skate parks are normally open to the public at large. A beer and wine permit is required (\$50) if these beverages will be consumed at your event. For more information, visit Reno.gov or call 334-3888.

MCKINLEY ARTS AND CULTURE

925 RIVERSIDE DR. | 334-2417

This 1910 historic building provides arts and craft workshops for local nonprofit art organizations. An important part of the Truckee River Arts and Culture district, rooms are available for rent by tenants and outside culture groups.

Includes: Use of auditorium, stage, restrooms, foyer, 6' rectangular tables, 5' round tables, chairs, kitchen and courtyard.

Rental Fees

- Auditorium-rehearsal | \$50/hr
- Auditorium-performance | \$75/hr
- Auditorium-other use | \$100/hr
- Boardroom | \$50/hr

Wedding/Party Package

\$800 for eight hours, includes auditorium, stage, rest rooms, foyer, kitchen and courtyard.

Requirement: \$1,000 refundable security deposit

PLUMAS GYM

475 MONROE ST | 334-2262

Includes: Hardwood court for basketball (six hoops) or volleyball, with bleacher seating. Tables and chairs are not available in gym. Food and drinks are not allowed in the gym.

Rental Fees

- Gym | Capacity: 350 | \$45/hr
- Meeting Room | Capacity: 20 | \$10/hr

NEIL ROAD RECREATION CENTER

3925 NEIL RD | 689-8484

The Center is located in a campus-like setting with other facilities. The park shelter at Miguel Ribera Park can be rented in conjunction with the building for an additional fee.

Includes: 6' tables and folding chairs for indoor use.

Rental Fees

- Gym-Full Court | Capacity: 350 | \$45/hr
- Gym-Half Court | Capacity: 175 | \$30/hr
- Small Meeting Room | Capacity: 20 | \$10/hr
- Large Meeting Room | Capacity: 40 | \$20/hr
- Stage Area | Capacity: 100 | \$30/hr
- Stage and Gym | Capacity: 450 | \$75/hr
- Stage, Meeting Rooms and Gym | Capacity: 550 | \$115/hr

TEGLIA'S PARADISE PARK ACTIVITY CENTER

2745 ELEMENTARY DRIVE | 356-3176

Situated near the Paradise Park pond, this facility has acres of open space, a community garden, play areas and walking trails.

Includes: A kitchen, large multi-purpose room, 5' round tables, 6' tables and 100 folding chairs for indoor use.

Rental Fees | Capacity: 85 | \$45/hr



HORSEMAN'S PARK CLUBHOUSE

2800 PIONEER DR | 334-2417

Adjacent to Horseman's Park, this western themed clubhouse is a setting for small meetings and group gatherings. Equestrian groups, through historic and deed priority scheduling, coordinate a wide range of horse-oriented activities at this facility.

Includes: 5' round tables, 6' tables and 80 chairs for indoor use.

Rental Fees | Capacity: 85 | \$45/hr

SOUTHSIDE CULTURAL CENTER AUDITORIUM

190 EAST LIBERTY ST | 334-2417

Former Southside School includes an auditorium for rehearsals, performances, lectures, concerts and special events.

Includes: 5' round tables, 6' rectangular tables and 80 chairs for indoor use.

Rental Fees

- Auditorium-Rehearsal | Capacity: 150 | \$50/hr
- Auditorium-Performance | Capacity: 150 | \$75/hr

PARK RENTALS

10AM-6PM | 334-3888

Canyon Creek Park	1485 Robb Dr. Capacity: 50 \$85
Comstock Park*	1650 Carat Dr. Capacity: 50 \$85
Dick Taylor Memorial Park*	1140 Beech St. Capacity: 100 \$100
Huffaker Park	1160 E. Huffaker Ln. Capacity: 50 \$85
Idlewild Park-Rose Garden	1805 Idlewild Dr. Capacity: 100 \$85 for 2 hrs
Idlewild Park-Snowflake*	1805 Idlewild Dr. Capacity: 200 \$100
Idlewild Park-Terrace	1805 Idlewild Dr. Capacity: 200 \$120
Las Brisas Park	5950 Las Brisas Capacity: 100 \$100
Manzanita Park*	630 Manzanita Ln. Capacity: 100 \$100
Miguel Ribera Park*	3925 Neil Rd. Capacity: 200 \$120
Mira Loma Park*	3000 S. McCarren Blvd. Capacity: 200 \$120
Northgate Park	6450 Moonridge Terrance Capacity: 50 \$85
Paradise Park-Pavilion*	2725 Elementary Dr. Capacity: 50 \$85
Paradise Park-Shelter	2725 Elementary Dr. Capacity: 20 \$120
Pat Baker Park	1910 Bishop St. Capacity: 50 \$85
Pickett Park*	250 Kirman Ave. Capacity: 100 \$100
Silver Lake Park	8855 Red Baron Blvd. Capacity: 50 \$85
Virginia Lake Park	1980 Lakeside Dr. Capacity: 100 \$100
Whitaker Park	550 University Terrace Capacity: 100 \$100

**Bounce houses are permitted on paved or hard surfaces*



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50+ USES/QUARTER	20% DISCOUNT





Discover
YOUR CITY



#RENOLENS



